

MATS WILANDER, POET

4 questions about his writing

How long have you been writing poetry? I don't think of it as poetry, it's more a diary. It's not every day, though. It's maybe two days in a row and then I don't write for two or three months. It's been just for a year. When I feel something or something happens or comes to mind, then I write.

Where do you write? On a plane, in a hotel, everywhere. If I were feeling sad, I'd write in the dressing room.

Do you find you write more when you're depressed? Mostly, yes. I wrote about 20 things, and I think I have one or two happy ones. They're all sad. . . well, not sad, but negative. It's better if you're sad to write because if you're happy, you have other things to do. If you're sad, you don't want to show it, but it's good to write things down. It makes me happier, I think.



When did you write the most? The beginning of last year when I was playing so bad, I wrote most of them. Then I didn't write all summer. I started again at the end of September and now I've been writing quite a lot all the time. I don't know why because I'm not sad.

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